



Sample Monthly Snack Menu

    	Cheddar Cheese & Triscuits String Cheese	Fresh Veggies with Ranch Dressing White Cheddar Popcorners	Trail Mix Rice Cakes & Applesauce	Whole Grain Cereal with Milk Fresh Fruit	Carrots with Tzatziki Tortilla Chips & Salsa	    
	Guacamole with Plantain Chips Hummus & Carrots	Pretzels & Raisins Trail Mix	Fresh Fruit Whole Grain Fruit Bars	Graham Crackers Greek Yogurt with Maple Syrup	Goldfish Veggie Straws with Hummus	
	Trail Mix Whole Grain Cereal with Milk	Hummus & Pita Chips Fresh Fruit	Graham Crackers Plantain Chips & Salsa	Goldfish & Raisins Carrots with Ranch Dressing	Fresh Fruit Graham Crackers	
	Hummus & Carrots Rice Cakes with Applesauce	String Cheese Fresh Fruit	Fresh Fruit Cheddar Cheese with Triscuits	Cheddar Cheese & Triscuits Tortilla Chips & Salsa	Veggie Straws with Hummus Guacamole with Plantain Chips	
	Whole Grain Cereal with Milk Pretzels & Tzatziki	Graham Crackers Cucumber Slices with Guacamole	Whole Grain Fruit Bars Goldfish & Raisins	Fresh Fruit Tortilla Chips & Salsa	Greek Yogurt with Maple Syrup Graham Crackers	

♥ Morning Snack ♥ Afternoon Snack

Our snack menu changes throughout the year to include a variety of nutritious foods. Menu items may vary based on seasonal availability.